

Le Lardin / Excideuil

La Flow Vélo



Départ
Le Lardin

Arrivée
Excideuil

Durée
3 h 25 min

Distance
49,60 Km

Niveau
Hard

Enjoy the bucolic landscapes of the Dordogne, particularly around the Château de Peyraux, surrounded by its green landscape. In the Elle valley at Villac, with its forests as far as the eye can see, you may catch sight of mouflons and red sandstone buildings. Along the way, park your bike and visit Saint-Robert, one of France's most beautiful villages. Stroll through its medieval streets, admire its Romanesque church and stop off at a quaint café for a local pastry. The Château de Hautefort dominates the surrounding countryside, and the Musée d'Histoire de la Médecine, in the same architectural style as the Château, now houses a museum with an impressive collection (6,500 objects). Around Hautefort, you're in the heart of AOC Noix du Périgord and Canard Gras country. A number of farms offer tastings of 100% local produce. Take a short detour to Saint Raphaël, a pretty little hilltop village, and admire the view from its panoramic viewpoint before returning to Excideuil.

The cycle route

The route is exclusively on small roads with a significant difference in altitude, particularly between the Auvézère and Loue valleys, with a fine succession of climbs and descents.

Practical info

[Office de tourisme Naturellement Périgord](#), 1 Pl. du Château, 24160 Excideuil - 05 53 52 29 79

Train stations - SNCF

- Condat - Le Lardin and Terrasson-Lavilledieu stations

Don't miss

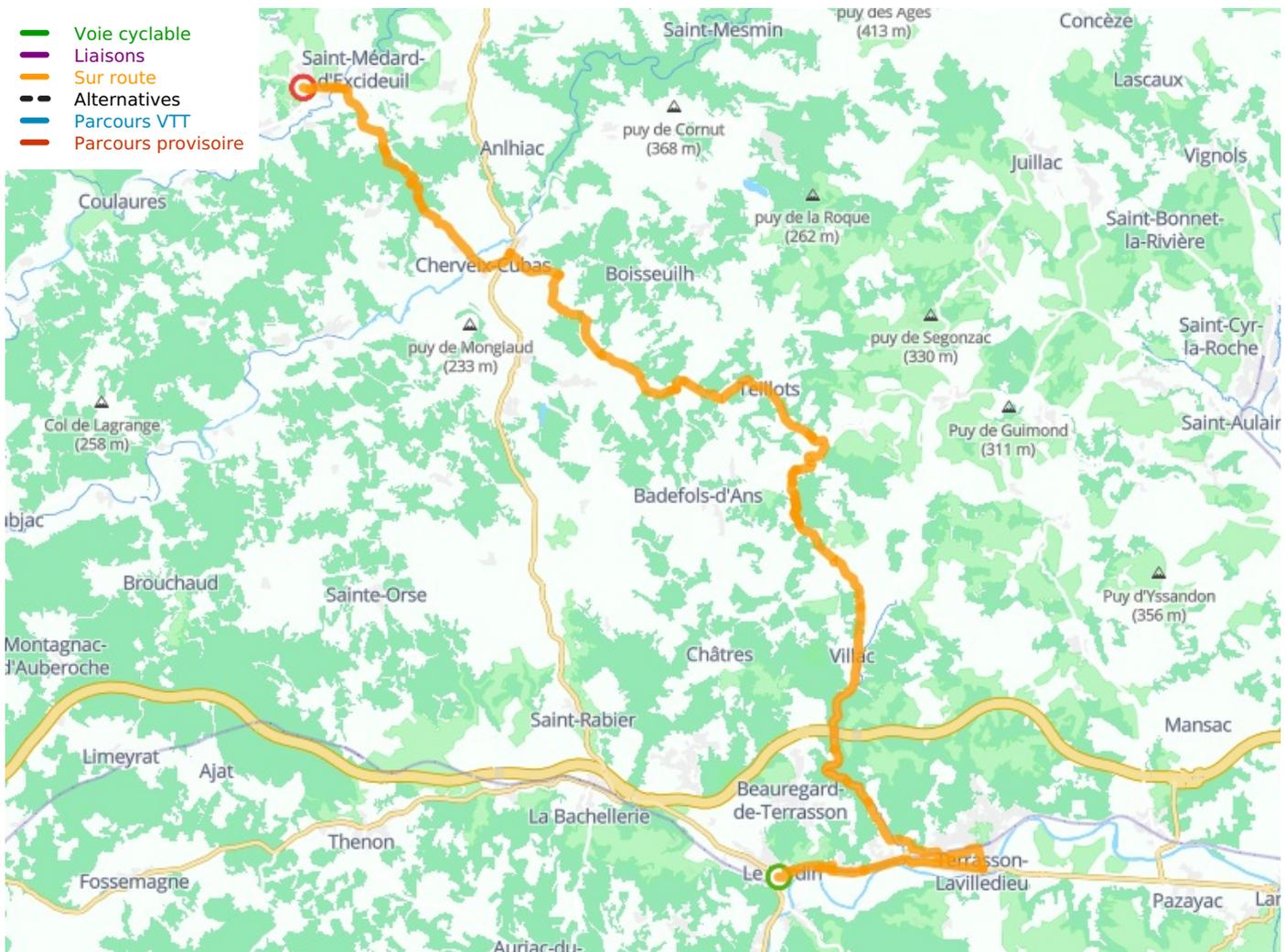
- **Terrasson-Lavilledieu:** Visit the old town with its arts and crafts. Jardins de l'Imaginaire, Musée du Chocolat Bovetti, Gabarre Le Vézère. Local producers' market on Thursday mornings, truffle market from Nov. to Feb.
- **Le Lardin-Saint-Lazare:** Château de Peyraux (garden tour), Musée de l'Industrie.

Less than 5 km from the itinerary:

- **Hautefort:** Château and Museum of the History of Medicine
- **Tourtoirac :** Tourtoirac cave, the geological pearl of Périgord

Less than 10 km from the route :

- The orientation table at Badefols d'Ans



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